



# RBC SAFEGUARDING POLICY & PROCEDURES

Ramridge Baptist Church, Littlefield Road, Luton, LU2 9BU February 2024

**Based around Best Practice Guidance for Baptist Union of Great Britain Churches** 

DEFINITIONS OF TERMS	4
SECTION 1 - SAFEGUARDING POLICY STATEMENT	4
SECTION 2 - SAFEGUARDING PROCEDURES	7
2.1 PROCEDURE FOR RECOGNISING, RESPONDING TO, RECORDING AND REPO	ORTING ABUSE7
2.1.1 What to do if Abuse is Suspected or Disclosed	7
2.1.2 Responding to Concerns	8
2.1.3 Responding to Concerns Raised about Adults at Risk	9
2.1.4 Allegations Against Workers/Volunteers	9
2.1.5 Abuse of Trust	10
2.1.6 Allegations Made Against Children and Adults at Risk	11
2.1.7 Pastoral Care	11
2.2 SAFER RECRUITMENT	13
2.3 SAFER BEHAVIOUR*	14
SECTION 3 - BEST PRACTICE GUIDELINES	16
3.1 - WORKING WITH CHILDREN	16
3.1.1 Ratios	16
3.1.2 Children with Special Needs	16
3.1.3 Visiting Children or Young People at Home *	16
3.1.4 Children with no adult supervision	16
3.1.5 Pastoral Mentoring	17
3.1.6 Peer Group Activities for Young People	17
3.1.7 Physical Contact	17
3.2 WORKING WITH ADULTS AT RISK	18
3.2.1 Premises	18
3.2.2 Language	18
3.2.3 Worship	18
3.2.4 Insurance	18
3.2.5 Financial integrity	18
3.2.6 Photographs	19
3.2.7 Streaming Live Services and usage of RBC WhatsApp Groups	19
3.2.8 Record keeping	
3.2.9 Pastoral Relationships	20
3.3 HEALTH AND SAFETY - Safe Practice and Safe Premises	20
3.3.1 Consent forms	20
3.3.2 Health and Safety	20
3.3.3 Fire	21
3.3.4 First Aid	21
3.3.5 Supervision of Groups	21
3.3.6 Food Hygiene	
3.3.7 Risk Assessment	
3.3.8 Insurance	
3.3.9 Transport *	21

3.3.10 Outings and Overnight Events involving Children		22
3.3.11 Outings and Overnight Events involving Adults at Risk		24
3.3.12 Hiring of Church Premises		25
3.4 SAFER COMMUNITY	25	;
3.4.1 Bullying		25
3.4.2 Working with Alleged or Known Offenders		26
3.4.3 Alleged or known offenders who are themselves adults at risk		26
SECTION 4 - USEFUL CONTACTS		28
APPENDIX 1 - DEFINITIONS OF ABUSE		29
APPENDIX 2 - DETAILED GUIDANCE ON REPORTING REQUIREMENTS		34
STAGE 1 - THE WORKER/VOLUNTEER	34	
STAGE 3 - THE NEXT STEPS	36	
APPENDIX 3 – SAFEGUARDING RECORDING FORM		1
APPENDIX 4 – Care and Prayer Groups		1

#### **DEFINITIONS OF TERMS**

For the purpose of this guide, the term 'child' refers to anyone under the age of 18 years.

There is no standard single definition for an adult at risk, so for our policy we are using the following simple definition taken from thirty-one: eight (formerly Churches' Child Protection Advisory Service):

'Any adult aged 18 or over who due to disability, mental function, age, illness or traumatic circumstances may not be able to take care or protect themselves against the risk of significant harm, abuse, bullying, harassment, mistreatment or exploitation'.

# SECTION 1 - SAFEGUARDING POLICY STATEMENT SAFEGUARDING POLICY STATEMENT FOR RAMRIDGE BAPTIST CHURCH (RBC)

#### **Our vision**

The vision statement of Ramridge Baptist Church is "Reaching out with a message of hope, Building faith and passion for God and a Community with Jesus at the centre."

In fulfilling this vision, we:

- Welcome children and adults at risk into the life of our community
- Run activities for children and adults at risk
- Make our premises available to organisations working with children and adults at risk

#### Our safeguarding responsibilities

Ramridge Baptist Church recognises its responsibilities in safeguarding all children, young people and adults at risk, regardless of gender, ethnicity or ability.

As members<sup>1</sup> of this church we commit ourselves to the nurturing, protection and safeguarding of all associated with Ramridge Baptist Church and will pray for them regularly. In pursuit of this, we commit ourselves to this policy and to the development of sound procedures to ensure we implement our policy well.

#### • Prevention and reporting of abuse

It is the duty of each church member to help prevent the abuse of children and adults at risk, and the duty of each church member to respond to concerns about the well-being of children and adults at risk. Any abuse disclosed, discovered or suspected will be reported in accordance with our procedures. Ramridge Baptist Church will fully co-operate with any statutory investigation into any suspected abuse linked with Ramridge Baptist Church.

#### Safer recruitment, support and supervision of workers

Ramridge Baptist Church exercises proper care in the selection and appointment of those working with children and adults at risk, whether paid or voluntary and will ask for references and enhanced DBS checks where appropriate. All workers will be provided with appropriate training, support and supervision to promote the safekeeping of children and adults at risk.

#### Respecting children and adults at risk

Ramridge Baptist Church has a code of behaviour for all who are appointed to work with children and adults at risk so that all children and adults are shown the respect that is due to them.

<sup>1</sup> The term 'member' here refers to the narrow sense of Church Membership but the responsibilities also apply to anyone who would consider themselves a committed part of the RBC community.

#### • Safer working practices

Ramridge Baptist Church is committed to providing an environment that is as safe as possible for children and adults at risk and will adopt ways of working with them that promote their safety and well-being.

#### • A safer community

Ramridge Baptist Church is committed to the prevention of bullying. Ramridge Baptist Church will seek to ensure that the behaviour of any individuals who may pose a risk to children, young people and adults at risk in the community of Ramridge Baptist Church is managed appropriately.

#### Safeguarding contact points within our church

Ramridge Baptist Church has appointed the following individuals to form part of Ramridge Baptist Church Safeguarding Team:

#### Catriona Gillies, Designated Person for Safeguarding (DPS)

She will advise Ramridge Baptist Church on any matters related to the safeguarding of children and adults at risk and take the appropriate action when abuse is disclosed, discovered or suspected. She will oversee and monitor the implementation of the Safeguarding Policy and Procedures on behalf of RBC and the trustees. She will chair any Safeguarding meetings and be responsible to bring a report to the AGM annually.

Phone number: 07971 404382 Email address: safeguarding@ramridge.onmicrosoft.com

#### Helen Lodge, Deputy Designated Person for Safeguarding (DDPS)

She will assist the Designated Person for Safeguarding (DPS) in helping Ramridge Baptist Church on any matters related to the safeguarding of children and adults at risk and take the appropriate action when abuse is disclosed, discovered or suspected. She will assist the DPS in monitoring and implementing the Safeguarding Policy and Procedures on behalf of RBC and the trustees.

Phone number: 07415 324149 Email address: safeguarding@ramridge.onmicrosoft.com

# Barry Brown, Kirk Dumpleton, Elders and Safeguarding Trustees.

In this role, they will raise the profile of safeguarding within Ramridge Baptist Church and monitor the implementation of the safeguarding policy and procedures on behalf of Ramridge Baptist Church trustees. They will oversee any pastoral needs related to safeguarding matters.

Phone numbers: Barry Brown - 07771 830991 / Kirk Dumpleton - 07945656440

#### Putting our policy into practice

- A copy of the safeguarding policy statement will be displayed permanently in Ramridge Baptist Church foyer, the church hall and is available on our church website.
- Each worker with children and/or adults at risk will be given access to a full copy of the safeguarding policy and procedures and the code of behaviour and will be asked to sign to confirm that they will follow them.
- A full copy of the policy and procedures will be made available on request to any member of, or other person associated with Ramridge Baptist Church.
- The policy and procedures will be monitored and reviewed annually, and any necessary revisions adopted into the policy and implemented through our procedures.
- The policy statement will be affirmed annually at Ramridge Baptist Church AGM, together with a report on the outcome of the annual safeguarding review.

This policy governs the principles of our safeguarding in all areas of the life and work of RBC.

#### **SECTION 2 - SAFEGUARDING PROCEDURES**

# 2.1 PROCEDURE FOR RECOGNISING, RESPONDING TO, RECORDING AND REPORTING ABUSE

#### 2.1.1 What to do if Abuse is Suspected or Disclosed

Abuse and neglect are forms of maltreatment of a child or adult at risk. Somebody may abuse or neglect a child or adult by inflicting harm, or by failing to act to prevent harm. Children and adults at risk may be abused in a range of settings, by those known to them or, more rarely, by a stranger. There are many ways in which people suffer abuse. For more information, please see Appendix 1.

EVERYONE has his or her part to play in helping to safeguard children and adults at risk within the life of Ramridge Baptist Church:

- If the behaviour of a child or adult at risk gives any cause for concern
- If an allegation is made in any context about a child or adult at risk being harmed
- If the behaviour of any individual towards children or adults at risk causes concern

WHAT TO DO	WHAT NOT TO DO
<ul> <li>Listen to and acknowledge what is being said.</li> <li>Try to be reassuring &amp; remain calm.</li> <li>Explain clearly what you will do and what will happen next.</li> <li>Try to give them a timescale for when and how you / the DPS will contact them again.</li> <li>Take action - don't ignore the situation.</li> <li>Be supportive.</li> <li>Tell them that:          They were right to tell you;         You are taking what they have said seriously;         It was not their fault;         That you MUST pass this information on to the appropriate people.</li> <li>Be open and honest.</li> <li>Give contact details for them to report any further details or ask any questions that may arise.</li> <li>Make a note of exactly what has been said immediately after the conversation. Keep the note secure.</li> </ul>	<ul> <li>Do not promise confidentiality.</li> <li>Do not show shock, alarm, disbelief or disapproval.</li> <li>Do not minimise what is being said.</li> <li>Do not ask probing or leading questions, or push for more information.</li> <li>Do not offer false reassurance.</li> <li>Do not delay in contacting the DPS.</li> <li>Do not contact the alleged abuser.</li> <li>Do not investigate the incident any further.</li> <li>Never leave a child or adult at risk waiting to hear from someone without any idea of when or where that may be.</li> <li>Do not pass on information to those who don't need to know; not even for prayer ministry.</li> </ul>

#### 2.1.2 Responding to Concerns

When there are concerns that a child, young person or adult may be being abused, the following process must be followed. More detailed information can be found in Appendix 2. If unsure of whether a record needs to be raised uss with the DPS, Safeguarding Board member or a Ministry Leader, who will

# STAGE 1 - The Worker

A worker/church attendee has a concern about the welfare of a child, adult at risk, or the behaviour of an individual. The person who has the concern has a duty to: RECOGNISE, RESPOND AND RECORD



The DPS receives the report of concern and then has a duty to:

REVIEW AND REPORT

# STAGE 3 – The Next Steps

After the decision has been made as to what action should be taken, the DPS,DDPS, Safeguarding Trustees may have a duty to:SUPPORT AND REPORT

A clear record must be made of the concern using a standard incident report form (Appendix 3) and the concern must be passed on to Ramridge Baptist Church DPS within 24 hours. Once receipt has been acknowledged ALL personal copies should be deleted.

The record should: be made as soon as possible after the event; be legible; include the name, date of birth and address of the child or adult at risk; include the nature of any concerns and description of any bruising or injuries that have been noticed; include an exact record of what the child or adult at risk has said, using their own words where possible; include any action taken; be signed and dated; be kept secure and confidential (available only to the DPS and others responsible for safeguarding).

The report will be reviewed by the DPS with any other relevant information and a decision will be taken (often in liaison with others) as to what action should follow. See Appendix 2 for examples of possible actions. Any formal referral to the police or Social Services should normally be made within 24 hours of receiving the report. The DPS will maintain a historical secure record of any safeguarding concerns for a child, young person or adult at risk. The Local Baptist Association Safeguarding Contact should be made aware of any referrals to the statutory authorities. The DPS should: a) know what the issues are; b) whether the DPS will work the case or the DDPS, or the Designated Safeguarding Trustees.

In all cases the DPS will keep track of the case and be kept updated.

Support should be offered to all parties affected by any safeguarding concerns (this could be Ramridge Baptist Church as a whole, but more specifically victims; alleged perpetrators; children; adults at risk; other family members; the DPS; DDPS; members of the leadership team.) Where formal referrals are made, reports <u>may</u> need to be made to the Disclosure and Barring Service (DBS) and the Charity Commission.

If the DPS is not available, or is implicated in the situation, any reports or concerns should be passed to the DDPS or another member of Ramridge Baptist Church Safeguarding Team.

Concerns should be passed on to the DPS within 24 hours of the concern being raised. If anyone is considered to be in imminent danger of harm, a report should be made immediately to the police by calling 999. If such a report is made without reference to the DPS, they should be informed as soon as possible afterwards.

If you think that anyone is in imminent danger of harm, a report should be made immediately to the police by calling 999

#### 2.1.3 Responding to Concerns Raised about Adults at Risk

When a concern is raised about an adult it should be treated in the same way as a concern about a child i.e. Ramridge Baptist Church worker (paid or voluntary) should:

- 1) Recognise that abuse may be taking place
- 2) **Respond** to the concern
- 3) **Record** all the information they have received
- 4) Report the concern to the DPS who may, in turn, report it to the statutory authorities

It is not your role to decide whether someone has mental capacity, and is therefore able to make decisions that impact on their safety and well-being. Decisions on mental capacity are best made by professionals with the relevant background information to hand. Always share your concerns with the DPS even if you do not have the consent of the adult to do so – in this instance, make sure the DPS knows that the person concerned has not given consent for the information to be passed on.

The Care Act 2014 provides helpful guidance on these situations:

"If the adult has the mental capacity to make informed decisions about their safety and they do not want any action to be taken, this does not preclude the sharing of information with relevant professional colleagues. This is to enable professionals to assess the risk of harm and to be confident that the adult is not being unduly influenced, coerced or intimidated and is aware of all the options. This will also enable professionals to check the safety and validity of decisions made. It is good practice to inform the adult that this action is being taken unless doing so would increase the risk of harm".

The DPS will consider all the information to hand and decide whether it is appropriate for the information to be reported to the statutory authorities (see appendix 2 for further information). If there are any concerns about an adult's mental capacity, the DPS will contact the Local Authority Adult Safeguarding Team for advice.

#### 2.1.4 Allegations Against Workers/Volunteers

If you see another worker/volunteer acting in ways which concern you or might be misconstrued, speak to the DPS about your concerns as soon as you can. This includes the actions or behaviours of those in leadership positions in Ramridge Baptist Church.

Church workers/volunteers should encourage an atmosphere of mutual accountability, holding each other to the highest standards of safeguarding practice. The following procedure should be followed:

- 1) When an allegation of abuse has been made do not approach the alleged perpetrator about it
- 2) Follow the usual safeguarding procedure: Recognise, Respond, Record, Report
- 3) Once the allegation has been reported to the DPS they, or their DPS Agent, can liaise with the relevant statutory authority
- 4) Whilst waiting for an outcome from the statutory authorities, the worker about whom concerns have been raised will be supervised as closely as possible, without raising suspicion
- 5) Once the statutory authorities are involved, Ramridge Baptist Church will follow their advice with regard to the next steps to take (for example, suspension of worker, putting a contract in place)
- 6) A record of all discussions with statutory authorities or other parties should be maintained by the DPS and stored securely and confidentially, where only those directly involved in safeguarding (DPS, DDPS, and Safeguarding Trustees) can access them.
- 7) No information about the allegation will be shared with people in Ramridge Baptist Church other than those directly involved in safeguarding; not even for prayer purposes.

The suspension of a worker/volunteer following an allegation is, by definition, a neutral act. Our priority as a church is to protect children and adults at risk from possible further abuse or from being influenced in any way by the alleged perpetrator.

It may be necessary, for the sake of the child / adult at risk or to satisfy the needs of an investigation, for the alleged perpetrator to worship elsewhere. In such cases the new church DPS will be informed of the reasons for this happening.

#### When concerns are expressed about the Minister

Any safeguarding concerns involving a Minister should always be reported immediately to the local Baptist Association Safeguarding Contact in addition to following Ramridge Baptist Church's usual procedures. <u>Do not tell the Minister that a concern has been raised about them.</u>

#### When concerns are expressed about Ramridge Baptist Church DPS/DDPS / Safeguarding Trustee

Any safeguarding concerns involving the DPS, DDPS or Safeguarding Trustee should be raised with the Baptist Moderator or the Central Baptist Association. <u>Do not tell the DPS/ DDPS / Safeguarding Trustee that a concern has been raised about them.</u>

#### 2.1.5 Abuse of Trust

Relationships between children and adults at risk and their church workers/volunteers can be described as 'relationships of trust'. The worker/volunteer is someone in whom the child or adult at risk has placed a degree of trust. This may be because the worker has an educational role, is a provider of activities, or is even a significant adult friend. It is not acceptable for a church worker/volunteer to form a romantic relationship with a child or adult at risk with whom they have a relationship of trust.

While by no means restricted to young leaders, those who are in their early adult years will need to be particularly aware of the need not to abuse their position of trust in their relationships with other young people who are not much younger than themselves.

The Police, Crime, Sentencing and Courts Act 2022 expanded the list of roles which are legally considered to be positions of trust to include anyone who is in a teaching, coaching, instructing, training or supervising role within sport or religion. This means that since May 2022 if an adult of any age is in a role where they are working directly with young people aged 16 and 17 and forms a romantic or sexual relationship with them, they could be charged with criminal offences. If you have concerns about a relationship forming between an adult helper and a young person then you should notify the DPS. Training will be given to young helpers at recruitment stage as well as the Church so that they are made aware of potential abuse of trust.

#### 2.1.6 Allegations Made Against Children and Adults at Risk

Children and young people are by nature curious about the opposite sex. However, where a child is in a position of power, has responsibility over another child (as in the Church Children's Work or a babysitting arrangement) and abuses that trust through some sexual activity, then this is abusive. Where one child introduces another child to age-inappropriate sexual activity or forces themselves onto a child, this is abusive. Such situations will be taken as seriously as if an adult were involved, because the effects on the child victim can be as great.

When such an instance occurs, they are investigated by the statutory authorities in the same way as if an adult were involved, though it is likely that the perpetrator would also be regarded as a victim in their own right, as they may have also been abused. It cannot be assumed that young people will grow out of this type of behaviour, as most adult sex offenders started abusing in their teens or even younger.

Allegations against adults at risk will be investigated by the statutory authorities. If the alleged perpetrator is unable to understand the significance of questions put to them or their replies, they can access support from an 'appropriate' adult whilst they are being questioned. This role can be filled by a range of people, such as a family member, carer, social worker, etc. In court, adults at risk may be allowed to be assisted by an intermediary or give evidence through a live link.

When an allegation is made against a child or adult at risk the following procedure should be followed:

- 1) Do not approach the person about whom the allegation has been made or their Parents / Carers
- 2) Follow Ramridge Baptist Church's safeguarding procedure: Recognise, Respond, Record, Report
- 3) Seek advice from the DPS, who will speak to the police or social services about when to inform a parent. The DPS will also seek advice about what steps need to be taken to ensure the needs of both the victim and alleged perpetrator are met; this may include placing the child or adult at risk on a Safeguarding Contract or equivalent (see section 3.4: Safer Community / Working with Alleged or Known Offenders)
- 4) Make sure there is pastoral support in place for the child or adult at risk throughout the process involved.

#### 2.1.7 Pastoral Care

#### Following an allegation / suspicion

When an allegation/suspicion arises in Ramridge Baptist Church, a period of investigation will follow, which will be stressful for all involved. Ramridge Baptist Church will ensure that one person is responsible for dealing with the authorities, another offers support to the victim/s and their family, and another gives pastoral care to the alleged perpetrator, without compromising the alleged victims or their families. It may be necessary to appoint other people to support the families involved.

Where a statutory investigation is under way, this support will be provided with the knowledge of the statutory authority involved.

Where the perpetrator accepts some responsibility, they will be encouraged to seek specialised interventions/treatment to reduce the risk of re-offending. This may only be appropriate once the investigation and legal processes have been completed.

#### Supporting those who have experienced abuse

As a church, we are committed to caring for those who have experienced abuse and refer to the Baptist Union of Great Britain *Supporting Those who have Experienced Abuse* guide to ensure that we adhere to a model of best practice.

We recognise it is important that those who have experienced abuse:

- Are accepted for who they are, without being made to forgive or being put into a position of feeling guilty and responsible for what happened to them.
- Know that God loves them unconditionally, and that nothing can or will change this truth.
- Can be confident that those in Ramridge Baptist Church community who know about the abuse are with them on their journey no matter how long or difficult that journey may be.

It may be necessary to signpost individuals to specialist support.	The DPS has a list of relevant local information and
contacts, ready for anyone who may need it.	

#### 2.2 SAFER RECRUITMENT

As a church, we are committed to safer recruitment practices. When recruiting both paid and volunteer church workers, the following process will be applied:

- 1) We will develop a clear role profile, person specification and application form;
- 2) When advertising a role which involves working with children or adults at risk we will make it clear that any appointment is subject to a DBS check;
- 3) All applicants will be asked to complete an application form and include the names of two referees;
- 4) Shortlisting of applicants will be carried out by at least two people, including an Elder or group leader directly overseeing the role being recruited for;
- 5) Interviews will be carried out by at least two people, including an Elder or group leader;
- 6) References, a Self-Disclosure Form and an enhanced DBS check will be completed satisfactorily before the appointed person starts in their role. The process is not onerous but it is essential and patience must be demonstrated in selecting the right candidate.

Note: Under the Criminal Justice and Court Services Act 2000, it is an offence for anyone disqualified from working with children or adults at risk to knowingly apply, accept or offer to work with children or adults at risk. It is also a criminal offence to knowingly offer work with children or adults at risk to an individual who is so disqualified or to knowingly allow such an individual to continue to work with children or adults at risk.

#### Additional checks for paid workers

In addition to the above checks which should be completed for both paid and volunteer church workers, an applicant's UK residency status and/ or right to work in the UK will be checked when recruiting for a paid role.

#### References

Formal written references will be requested. Referees should be over the age of 18, have known the person for at least two years and not be an immediate family member.

#### **Appointment and Supervision**

Ramridge Baptist Church's safeguarding policy and procedures will be discussed with the applicant and they will be required to sign their agreement to adhere to them. All workers will have a role description and clear lines of accountability to a leader and the leadership team.

Paid workers will also have an assigned supervisor whom they will meet with regularly to discuss work and address any issues or areas of concern. There will be a probationary period of three to six months in the role before any paid appointment is confirmed.

There will also be regular team meetings to review procedures, share concerns and identify other matters that may need clarification and guidance.

#### **Training**

It is important that all workers understand our church's agreed safeguarding procedures and attend BUGB Excellence in Safeguarding training or equivalent offered through RBC, Luton Borough Council or Bedfordshire Safeguarding Training at least once every three years. Where a worker is successfully recruited but has not yet been able to attend the training, they should complete the online training offered through Bedfordshire Safeguarding Board. Additional specialist training will also be arranged where needed, for example, in First Aid.

#### Young helpers under 18 years of age

In law, young helpers under the age of 18 are children and cannot be treated as adult members of a team. Training and mentoring will be given to ensure that they are helped to develop and hone their skills, attitudes and experience. Young helpers must always be closely supervised by an adult leader and never given sole responsibility for a group of children. When considering ratios of staff to children, young helpers need to be counted as children, not leaders. The safeguarding procedures apply to a young helper just as they do to any other person. Parent / carer permission needs to be sought for young helpers to attend an event or help with a children's group just as you would for any other person under 18 years of age.

#### 2.3 SAFER BEHAVIOUR\*

Ramridge Baptist Church has a code of behaviour for all those working with children and/or adults at risk so that everyone is shown the respect that is due to them:

- Treat everyone with dignity and respect.
- Use age and ability appropriate language and tone of voice. Be aware of your body language and the effect you are having on the child or adult at risk.
- Listen well to everyone. Be careful not to assume you know what a child or adult at risk is thinking or feeling. Listen to what is being spoken and how it is said. At the same time, observe the individual's body language to better understand what is being said.
- Be aware of any physical contact you may have with a child or adult at risk and record it when necessary. For
  instance, if you need to stop a fight, administer First Aid, give a hug to someone in distress, or protect yourself
  or others from danger.
- Do not make sexually suggestive comments about or to a child or adult at risk, even in 'fun'.
- Do not scapegoat, belittle, ridicule, or reject a child or adult at risk.
- Keep a record of any significant incidents or concerns on a Safeguarding Incident Form (see Appendix 3). Enter the names of all those present and anything of note which you observe, e.g. details of any fights broken up by the workers, allegations made, etc. All workers who witnessed the incident, overheard it or responded in any way should record the details and sign and date the form.

Specific considerations when working with children:

- Do not invade the privacy of children when they are using the toilet or showering
- The level of assistance with personal care (e.g. toileting) must be appropriate and related to the age of the child, whilst also accepting that some children have special needs.
- Avoid rough games involving physical contact between a worker and a child
- Avoid sexually provocative games
- When it is necessary to discipline children, this should be done without using physical punishment. There
  may, however, on the rare occasion be circumstances where a child needs to be restrained in order to
  protect them or others.
- Only invite children and young people to your home or on trips, in groups and always make sure that another worker/volunteer is present.
- Notify the DPS of any children's trips which take place in the name of Ramridge Baptist Church. Parental permission must always be sought.
- Do not give lifts to children or young people on your own. If this situation occurs the young person should be seated in the rear of the car and the driver should have made themselves accountable by informing another leader. Ensure that if transporting children as part of your church role, you have the correct insurance cover in place as well as parental permission. \*
- No person under 18 years of age should be left in sole charge of any children of any age. Nor should children or young people attending a group be left alone at any time.

No one should normally be left working alone with children, young people or adults at risk, but should instead work as part of a team. \* If there are insufficient leaders for groups:

- Internal doors should be left open.
- At least two people should be present before external doors are opened for an event.
- Consider whether you could combine groups together or rearrange planned activities.
- Reconsider whether you can run the group safely, carrying out a Risk Assessment to record your findings.

If workers do find themselves on their own with children or adults at risk, they should:

- Assess the risk of sending the child or adult at risk home.
- Phone another team member and let them know the situation.
- Train additional leaders as soon as possible.

If a child or adult at risk wants to talk on a one-to-one basis \* you should make sure that:

You try to hold the conversation in a corner of a room where other people are present.

- You leave the door open if you are in a room on your own.
- Another team member knows where you are.
- You do not promise confidentiality.

Consideration should be given to how many workers should be involved with the group and whether they should be male or female workers, or both. See section 3.1.1 Ratios for recommended numbers.

A couple or immediate family members should be considered to count as only one person when planning events or activities and the distribution of workers through different groups; for example if a couple or immediate family members want to work together then a third person will need to be assigned to that group. Wherever possible couples or people who are related to each other should work with separate groups.

The only adults allowed to participate in children's and adult at risk activities are those safely appointed and appropriately trained. The leader of the activity should be aware of any other adults who are in the building whilst the activity is running.

#### **SECTION 3 - BEST PRACTICE GUIDELINES**

Ramridge Baptist Church holds a privileged position in society, with the opportunity to minister to individuals from the whole community, from the very young to the very old. These best practice guidelines are in place to help those working on behalf of Ramridge Baptist Church to do it well, prioritising the safety and well-being of those they are working with. Whilst this section is divided into adults and children, some aspects of good practice will overlap.

# 3.1 - WORKING WITH CHILDREN

#### **3.1.1 Ratios**

When working with children the following recommended minimum ratios of workers to children apply:

Age range	Recommended minimum ratio for INDOOR activities	Recommended minimum ratio for OUTDOOR activities
0 – 2 years	1:3 (minimum 2)	1:3 (minimum 2)
3 years	1:4 (minimum 2)	1:4 (minimum 2)
4 – 7 years	1:8 (minimum 2)	1:6 (minimum 2)
8 - 12 years		2 adults for up to 15 children (preferably one of each gender) with an extra adult for every 8 additional children
13 years and over	•	2 adults for up to 20 children (preferably one of each gender) with an extra adult for every 10 additional children

This does not take into account special circumstances such as behavioural issues, developmental issues, disability and so on, which may mean an increase to the recommended ratios. In calculating the ratios of workers to children, young leaders who are under the age of 18 should be counted as one of the children, not one of the workers.

#### 3.1.2 Children with Special Needs

Children and young people who have a disability can be at greater risk of abuse. They will often require more help with personal care, such as washing, dressing, toileting, feeding, mobility, etc, and may have limited understanding and behave in a non-age-appropriate way. It is good practice to speak with the parents/carers of children/young people with special needs and find out from them how best to assist the child or young person.

#### 3.1.3 Visiting Children or Young People at Home \*

It is unlikely that workers/volunteers will need to make pastoral visits to children and their families at home on behalf of Ramridge Baptist Church. If a situation occurs where it is needed then it should be done in pairs, and in collaboration with the Leader of Children's or Youth Ministry and the Eldership.

#### 3.1.4 Children with no adult supervision

When children turn up to and want to join in with church activities without the knowledge of their parents/carers, workers will:

- Welcome the child and try to establish their name, age, address and telephone number.
- Record their visit in a register.
- Ask the child if a parent/carer is aware of where they are. Where possible, phone and make contact within 48 hours.

- Without interrogating the child, find out as soon as possible whether they have any specific needs (e.g. medication) so that you can respond appropriately in an emergency.
- Give the child a consent form and explain it needs to be filled in and brought back next time.

#### 3.1.5 Pastoral Mentoring

If a worker is working with a young person as part of the recognised church mentoring programme:

- The parents of all young people involved in mentoring are required to sign a letter to say they are aware that the mentoring is happening and who it is with.
- Mentoring meetings should only be held in agreed places, and should be in view of other people.
- A mentoring meeting should have an agreed start and end time and someone should be aware that a meeting is taking place and where it is being held.
- A basic record should be kept of dates of significant meetings and any text messages or emails.
- Appropriate boundaries should be put in place in regard to times and demand, i.e. not phoning or texting late at night, etc.
- A written record should be kept of issues/decisions discussed at meetings.

#### 3.1.6 Peer Group Activities for Young People

All youth activities will be overseen by named adults who have been selected in accordance with safer recruitment procedures. It is accepted that groups aged 16+ may benefit from being led and run by peers. In this situation, adult leaders will contribute to programme planning and reviews and will always be present to oversee any peer-led activities taking place.

#### 3.1.7 Physical Contact

- Keep everything public. A hug within a group context is very different from one behind closed doors.
- Touch should be related to the child's needs, not the worker's/volunteer's.
- Touch should be age-appropriate and generally initiated by the child rather than the worker/volunteer.
- Workers/volunteers should avoid any physical activity that is, or may be thought to be, sexually stimulating to the adult or the child.
- Children are entitled to privacy to ensure their personal dignity.
- Children have the right to decide how much physical contact they have with others, except in exceptional circumstances such as when they need medical attention.
- When giving first aid (or applying sun cream, etc), workers/volunteers should encourage the child to do what they can manage themselves but consider the child's best interests and give appropriate help where necessary.
- Team members should monitor one another in the area of physical contact. They should help each other by constructively challenging anything which could be misunderstood or misconstrued.

#### 3.2 WORKING WITH ADULTS AT RISK

#### 3.2.1 Premises

Ramridge Baptist Church building will be made as accessible as possible to all people. Any restrictions to access, visibility, audibility, toilet facilities, lighting or heating will be addressed wherever possible, and where necessary, aids and adaptations put in place.

#### 3.2.2 Language

Every effort will be taken to use appropriate language and suitable vocabulary, enabling the greatest level of inclusivity and accessibility. We will be mindful of the language used within worship and the language used to describe people (such as derogatory words focusing on aspects of someone's disability, race or sexuality rather than the person themselves).

#### 3.2.3 Worship

In all worship services, we will consider the varied requirements of our congregation and aim to be as inclusive as possible, by considering:

- Providing some copies of large print type for all printed materials
- Speakers always facing the congregation and not covering their mouths when talking, enabling those who rely on lip-reading
- Describing what is being presented on a screen for those who cannot see it clearly
- Using inclusive language
- Using a variety of liturgy and resources to cater for different levels of understanding
- Using a microphone when leading times of open prayer so that all can hear
- Considering holding a service which specifically caters for certain groups of adults at risk, such as those with learning disabilities, the deaf or the visually impaired.

#### 3.2.4 Insurance

We will take reasonable steps to safeguard adults at risk and will follow any specific safeguarding requirements as laid out by our insurance company.

#### 3.2.5 Financial integrity

Arrangements are in place for dealing with money, financial transactions and gifts, as outlined below:

- Those who work with adults at risk may become involved in some aspects of personal finance collecting pensions or benefits, shopping or banking, etc. If handling money for someone else, always obtain receipts or other evidence of what has been done.
- Workers/volunteers should not seek personal financial gain from their position beyond any salary or recognised allowances or expenses.
- Workers/volunteers should not be influenced by offers of money.
- Any gifts received should be reported to Ramridge Baptist Church trustees, who should decide whether or not the gift can be accepted.
- Care should be taken not to canvass for church donations from those adults who may be at risk, such as the recently bereaved.
- Workers/volunteers should ensure that church and personal finances are kept apart to avoid any conflict of interest.
- If someone alters their will in favour of an individual known to them because of their church work or pastoral relationship, it should be reported to the trustees. Workers/volunteers should not act as Executors for someone they know through their work or pastoral role, as this may lead to a conflict of interests.
- Expert legal advice should be sought on matters such as Power of Attorney and Appointee ship to
  ensure that the situation is clearly understood and is the most appropriate course of action for
  the adult at risk.

For the avoidance of doubt, no worker/volunteer or any other person within RBC will make any financial transaction or investment for an adult at risk except a) at the explicit unprompted request of the adult at risk and b) with the prior written consent of the Safeguarding Trustee.

tmp.docx Page 18 of 41

#### 3.2.6 Photographs

Since the introduction of the Data Protection Act in 1998, churches must be very careful if they use still or moving images of clearly identifiable people. Previous legislation was reinforced through the introduction of the General Data Protection Regulation (GDPR) in May 2018. There are several issues to be aware of:

- Permission must be obtained, via the consent form, of all children who will appear in a photograph or video before the photograph is taken or footage recorded.
- It must be made clear why that person's image is being used, what you will be using it for, and who might want to look at the pictures.
- If images are being taken at an event attended by large crowds, such as a sports event, this is regarded as a public area and permission from a crowd is not necessary.
- Children and young people under the age of 18 should not be identified by surname or other personal details, including email, postal address or telephone number.
- When using photographs of children and young people, it is preferable to use group pictures.

Workers/volunteers should make sure that they have the person or their parent/guardian's permission to take a picture, and that the subject is happy with the intended use of the pictures. The parent/guardian's explicit permission will always be required for those under 18. When taking small group pictures, workers/volunteers should remember to get permission from everyone who will be photographed.

At any event in the church where young people under the age of 18 years are involved, there will be a statement made that no use of photography or video will be permitted. The leaders may allow a photograph opportunity for parents/carers only at the beginning or the end of the event.

#### 3.2.7 Streaming Live Services and usage of RBC WhatsApp Groups

RBC has this section in place for any situations or seasons where there is a need for streaming services. It is not a weekly occurrence, but it is a possibility due to certain circumstances, which since the Pandemic have been made a reality.

- We will adopt a practice whereby services that are streamed will be filtered if vulnerable adults or children are going up to the front and would be recognisable on streaming services
- We will be diligent to ensure that parents and attendees are aware that services
  are streamed and that there are safe areas where people will not be visible online. We
  will ensure that particularly vulnerable people are made aware of the need to use the
  safe areas.
- We will ensure that when parents give permission on data protection forms for photos to be taken that this will include streaming of services.
- We will be sensitive to what is shared during intercession / prayer times.
- On all online platform meetings, there will always be a host who will ensure that only known valid attendees are allowed access.

RBC has several WhatsApp Groups for easier contact with its members and core groups within the church.

Every person involved in a group **must** agree to being involved before they are added to any group.

The Elders will monitor the content and use of the groups by the members of the group and in particular vulnerable adults. If any usage is deemed inappropriate, the elders will take the appropriate action at their discretion.

#### 3.2.8 Record keeping<sup>2</sup>

It is good practice to record pastoral visits or meetings, noting the date, time, location, subject and any actions which are to be taken. The record of these meetings should stick to facts and try to avoid opinion. Any records of

#### 2 Under review

tmp.docx Page 19 of 41

safeguarding allegations, concerns or disclosures should be passed on to the DPS and stored in a safe and secure manner for:

- **Children** Destroy 7 years after provision of support/ contact ended (i.e. last contact) unless there is an ongoing investigation into the child
- Adults Destroy 7 years from termination of employment or contact (i.e. last contact)
- Adults with a Safeguarding Disclosure Destroy at Person's normal retirement age, or 10 years from the date of the allegation whichever is the longer)

#### 3.2.9 Pastoral Relationships

All those involved in pastoral ministry should work in a way that follows clearly defined procedures, which set out the boundaries to protect those carrying out the pastoral ministry as well as those receiving it:

- Workers/volunteers should be aware of the power imbalance within pastoral relationships and the potential for abuse of trust.
- Behaviour that suggests favouritism or gives the impression of a special relationship, should be avoided.
- Workers/volunteers should be aware of the dangers of dependency within a pastoral relationship.
- Workers/volunteers should never take advantage of their role and engage in sexual activity with someone with whom they have a pastoral relationship.
- All people receiving pastoral ministry should be treated with respect and should be encouraged to make their own decisions about any actions or outcomes.
- Workers/volunteers should not pastorally minister to anyone whilst under the influence of alcohol or drugs.
- Workers/volunteers need to recognise the limits of their own abilities/competencies and get further help when working with situations outside of their expertise or role.

# 3.3 HEALTH AND SAFETY - Safe Practice and Safe Premises

#### 3.3.1 Consent forms

It is essential that we have important information about all children and young people involved in any activities at Ramridge Baptist Church, which is recorded on our consent forms. The first week someone attends workers/volunteers must record their name, medical emergency information and a contact name and number. Then they must bring their completed form back with them. Similar details will be gathered for adults at risk.

Whenever someone is asked to participate in a service which is to be livestreamed or recorded and shown at a later date, written consent for them to be on screen will be required.

#### 3.3.2 Health and Safety

All activities for children, young people and adults at risk will comply with Ramridge Baptist Church's current health and safety policy, with particular attention paid to the sections on Fire Action, First Aid, PAT testing, Health and Safety and Kitchen and Food Hygiene.

As best practice, at all events involving food preparation, at least one worker will hold a valid Basic Food Hygiene Certificate.

Buildings being used for children's and adult at risk groups will be properly maintained. A representative from the Deacons involved in this area, will take part in an annual health and safety review in order to consider all aspects of safety for everyone involved in using the premises.

tmp.docx Page 20 of 41

#### 3.3.3 Fire

It is the responsibility of all group leaders/responsible persons within the building to ensure the safety of themselves and those who are in their care. In addition, it is a legal requirement that all group leaders/responsible persons are familiar with the emergency procedures in the event of a fire.

#### 3.3.4 First Aid

Our church has a number of trained First Aiders and there is a list showing who they are in the foyer of the main building and in the church hall. All church groups will ensure that they have sufficient trained first aiders on their regular team so that there is always a first aider present at events and activities.

We have first aid kits in the main building and the church hall, as well as an incident reporting book, which must be completed in the event of any accidents, injuries or incidents.

A nominated individual will ensure that the contents of the first aid kits are checked on a regular basis. Completed accident forms should be passed on to the nominated individual.

#### 3.3.5 Supervision of Groups

The person responsible for booking an event into the RBC Buildings must identify the "responsible person". A group/activity must sign in/out at the start and end of that activity so that it is apparent who the 'responsible person' for that activity is – even if they were already in the building or are staying on afterwards. They will also need to make sure to keep a register so that it is clear who is on the premises.

#### 3.3.6 Food Hygiene

The Food Safety (General Food Hygiene) Regulations 1995 state that anyone who handles food or whose actions could affect its safety must comply with the regulations. It therefore follows that those with responsibility for food will need to possess the Basic Food Hygiene Certificate and be aware of food safety (preparation, handling and storage, disposal of waste, etc).

#### 3.3.7 Risk Assessment

Before undertaking any activity with children or adults at risk, the leader will ensure that a risk assessment is carried out. It is advisable to appoint someone specifically for this task within the deaconate.

# 3.3.8 Insurance

Residential activity organisers will check that there is adequate insurance cover for any activities planned. If the trip is at a centre, it is also important to establish that there is appropriate public liability insurance in place.

#### 3.3.9 Transport \*

These guidelines apply to all drivers involved in the transportation of children, young people and adults at risk on behalf of Ramridge Baptist Church. They do not apply to private arrangements, for example, transport arrangements made between friends.

- Only those who have gone through Ramridge Baptist Church safer recruitment procedures for workers/volunteers will transport children and adults at risk (within the DBS eligibility criteria).
- All drivers will have read Ramridge Baptist Church's Safeguarding Policy and agree to abide by it.
- Drivers will be aged 21 or over and have held a full driving licence for at least two years.
- Drivers must ensure that they have adequate insurance cover and that the vehicle being used is licensed and roadworthy (and has a valid MOT).

tmp.docx Page 21 of 41

• All hired minibuses will have a small bus permit, the necessary insurance and a driver with a valid driving licence that entitles them to drive a minibus.

Our practice specifically for transporting children is as follows:

- Parental consent will be given for all journeys.
- All children and young people should be returned to an agreed drop off point. At collection or drop off
  points, children should never be left on their own; make sure they are collected by an appropriate adult.

At least two workers/volunteers should be present when transporting children as part of a church role.

#### 3.3.10 Outings and Overnight Events involving Children

There are some specific considerations which need to be made for outings and overnight events involving children:

- A risk assessment must be carried out beforehand.
- Parents will be informed in writing of all the arrangements.
- Consent forms will be obtained for the specific activities involved.
- There will be workers/volunteers with first aid and food hygiene certificates with the group.

It is not acceptable for workers/volunteers to share sleeping accommodation with young people.

#### **Sleeping Arrangements**

Sleeping arrangements for overnight events will be carefully considered. It is not acceptable for workers/volunteers to share sleeping accommodation with young people. Instead, workers/volunteers should be situated in close proximity and ensure that the young people know where to go if they need help. There should be at least two workers/volunteers on duty until all young people are asleep.

Where a young person is questioning their gender identity or considering, progressing or has completed gender reassignment we will consult with them and their parents about arrangements for residential trips and sleepovers. If needed the DPS will seek advice from the Regional Safeguarding Lead.

It is not necessary for the DPS to attend events but there should be a person at the event who is trained in Safeguarding at level 2 or higher. If it is an Ecumenical trip, the Churches involved must decide in advance who will take the safeguarding lead and whose policy they would be following.

#### **Adventurous Activities**

No child will participate in adventurous activities without the written consent of the parent /carer. The activity leader will ensure that the staff engaged in such activities are properly trained and qualified and that the correct ratio of staff to children is met. At an activity centre or for an organisation whose own staff undertake such activities, if the activities come within the scope of the Adventure Activities Licensing Regulations 1996, the activity leader needs to ensure that the premises are licensed.

#### Fire Safety

The event leader will have a fire safety procedure in place, which will include the following:

- Everyone will be warned of the danger of fire. If the overnight event is in a building, then everyone must be
  made aware of the fire exits. A fire drill will be practiced on the first day.
- When using a building as a residential facility, ensure that the fire alarm is audible throughout the
  accommodation and that all signs and exits are clearly visible. The building will also need to comply with fire
  regulations.
- In the case of an emergency, ensure measures are in place to alert children and young people with disabilities (e.g. a child who is hard of hearing).

#### Safety

It is the responsibility of the workers/volunteers to always know the whereabouts of every child/young person participating in an overnight event, and this may include monitoring access on and off the site.

tmp.docx Page 22 of 41

General safety rules will be applied as appropriate (e.g. no running around tents due to the risk of injury from tripping over guy lines).

# **Swimming Trips**

There will be an increased adult to child ratio for swimming trips. Prior to the trip, workers/volunteers will establish the swimming ability of the children attending and obtain specific consent. Workers/volunteers should never change in front of the children.

tmp.docx Page 23 of 41

#### 3.3.11 Outings and Overnight Events involving Adults at Risk

As with outings and events for children, there are additional considerations for a group taking adults with additional needs, such as learning difficulties or mental health needs, on outings or overnight events:

- A risk assessment must be carried out beforehand
- Planning for the trip should take into account specific medical, physical and support needs of each group member, bearing in mind that there may be people in the group who have individual care needs that will have to be met (including personal care)
- Adults at risk should be included in the planning of trips and events
- Consideration should be given to the suitability and accessibility of the venue and accommodation, travel time and mode of transport, and the affordability of the event
- Adults at risk should be given all the information about the trip beforehand so that they know where they are going, how long it will take to get there and what type of activities they will be taking part in.
- There should be a minimum of two leaders with each group; the individual needs of those attending may determine the additional number of people required.

#### **Sleeping Arrangements**

Consideration should be given to the individual needs of those staying overnight. If there is a need for personal care or additional support during the night, it would be better that the person's usual caregiver also attends the event and therefore shares a room with them.

#### **Personal Care**

It is not appropriate for church workers/volunteers to perform personal care for adults at risk unless this is their usual task (i.e. if they have come along to help generally, but also have a caring role for a member of the group, they can provide personal care for that person).

#### **Activities**

Leaders should consider the mobility needs of the group when deciding on activities or events. For example, if members of the group have difficulty walking, then including a walking tour around a town may be inaccessible to some who are attending. If you have members of the group who use wheelchairs, then consideration needs to be given as to whether you have sufficient workers to support those who may need pushing.

#### Safety

It is the responsibility of the workers/volunteers to always know the whereabouts of every person in the group; this may include monitoring access on and off the site.

General safety rules will be applied as appropriate, and advice sought from the event organiser / venue about the fire evacuation procedures. A copy of the event / venue risk assessment should be included with the group leader's risk assessment.

#### **Consent and Medical Information**

It is important to recognise that adults at risk are mostly able to give consent for their own involvement in activities, inclusion in photographs and medical treatment. However, in some situations the question of capacity may arise. The guidelines clearly state that an adult at risk should have a say in their care and any arrangements made for them, however, there may be occasions when you need to involve others in decision making. In these situations, seek advice from the DPS regarding who should be involved.

tmp.docx Page 24 of 41

A medical consent form should be completed by each member of the group and held by the leader. This will include any health concerns, emergency contact information and contact details for their GP. This will allow emergency medical personnel to have access to information should the need arise.

#### **Holding and Dispensing of Medication**

Church workers/volunteers should never agree to hold or dispense medication for those on an event. If someone is unable to manage their own medication, then consideration should be given as to whether their usual carer could attend with them or whether they will not be able to attend the event.

#### 3.3.12 Hiring of Church Premises

The responsible adult for an activity held at Ramridge Baptist Church should be made aware of the church's safeguarding procedures through the booking procedure and agree to comply accordingly.

#### 3.4 SAFER COMMUNITY

#### 3.4.1 Bullying

Bullying is another form of abuse, and it can be verbal, cyber or physical. Bullying doesn't just happen to children, often adults can be victims too. There is no legal definition of bullying, but it is usually defined as a repeated pattern of behaviour intended to cause emotional or physical harm to another person or exert power over them. The effect of bullying on the victim can be profound, both emotionally and physically, regardless of their age, ability or status.

It is important to recognise that bullying happens within churches, and it is not isolated to the children and young people. Anyone in Ramridge Baptist Church can be a victim of bullying, just as anyone in Ramridge Baptist Church can be the bully, including those in leadership.

Some examples of bullying that could arise in Ramridge Baptist Church context are:

- Being verbally or physically abusive towards another person
- Isolating or deliberately ignoring someone, or excluding them from group activities
- Spreading rumours and malicious untruths about another person in Ramridge Baptist Church
- Use of email, phone or social media to publicly challenge or undermine someone
- Name calling and personal insults
- Making false accusations
- Sending abusive messages or degrading images via phone, email or social media

Bullying will always cause a great deal of pain and harm for those on the receiving end. Many people affected by bullying, both children and adults, believe they have nowhere to turn. They are scared to speak out and often blame themselves. They can become fearful and reclusive. It is important that churches can recognise when bullying is occurring and are prepared to take action to resolve the situation.

Some signs that can indicate a person is being bullied are as follows:

 Withdrawal from group or church activities; appearing anxious, tearful or more reticent than usual, particularly in a certain context; development of mental health difficulties, such as depression or anxiety disorders; drop in performance relating to any church roles; physical injuries.

In order to help prevent bullying, the following procedures will be adopted within Ramridge Baptist Church:

- The children and young people will be involved in agreeing/ accepting a code of behaviour for their groups, which makes it clear that bullying is unacceptable. This will be displayed somewhere visible to the whole church.
- Ramridge Baptist Church will display signs stating the importance of valuing and respecting each other, even in disagreements, and this will be practically embedded into the leadership approach to others.

tmp.docx Page 25 of 41

- Everyone in Ramridge Baptist Church, whether children or adults, should know how they can report any incidents of bullying.
- All allegations of bullying will be treated seriously, and details will be carefully checked before action is
- The bullying behaviour will be investigated, and bullying will be stopped as quickly as possible.
- An attempt will be made to help bullies change their behaviour.
- All allegations and incidents of bullying will be recorded, together with the actions that are taken.
- Where an allegation of bullying is made against a church or group leader, it is recommended that advice is sought from the Central Baptist Association Safeguarding Officer as this must be addressed.
- Incidents of bullying may be reported to the statutory authorities in line with Ramridge Baptist Church safeguarding procedures.

It is important to distinguish bullying from other behaviour, such as respectfully challenging or disagreeing with someone else's beliefs or behaviours, setting reasonable expectations regarding work deadlines and activities or taking legitimate disciplinary action.

Online safety –Bullying online and on social media is as serious as physical, in person bullying. In contrast to in person bullying there is often no escape from bullying online in a world where people, especially young people, are accessing their online world from wherever they are; there is no "safe space" and the emotional impact of online bullying can be significant as a result. With this in mind the same procedures apply to disclosures of online bullying as in person incidents.

#### 3.4.2 Working with Alleged or Known Offenders

When someone attending Ramridge Baptist Church is known to have abused children or adults at risk, or a serious allegation has been made, Ramridge Baptist Church Safeguarding Team will supervise the individual concerned and offer pastoral care, but in its commitment to protect vulnerable groups, will set boundaries for that person which they shall be expected to keep. These will be set out in what is known as a Safeguarding Contract.

There are also times when it will be appropriate to take such measures with a person who has faced allegations of abuse but hasn't been convicted.

In determining the details of the contract:

- The DPS will inform and take advice from the Regional Safeguarding Lead.
- A risk assessment will be undertaken with the help of the Regional Safeguarding Lead to determine the contents of the Safeguarding Contract using the BUGB safeguarding risk assessment tool.
- An open discussion will be held with the person concerned which will contribute to the risk assessment and in which clear boundaries are established for their involvement in the life of the church. A written contract will be drawn up which identifies appropriate behaviour.
- There will be a discussion about who should be informed about the nature of the offence and the details of the contract.
- The person will be required to sign the contract and it will be monitored and enforced. If the contract is broken certain sanctions will be discussed and considered with the Regional Safeguarding Lead.
- The rights of the offender to re-build their life without people knowing the details of their past offence should be balanced against the need to protect children, young people and adults at risk.
- The members of Ramridge Baptist Church Safeguarding Team will always be informed.
- The DPS should determine whether the person is subject to supervision or is on the Sex Offenders' Register. If so, the DPS should contact the offender's specialist probation officer (SPO) who will inform Ramridge Baptist Church of any relevant information or restrictions that they should be aware of.

#### 3.4.3 Alleged or known offenders who are themselves adults at risk

A formal contract may be quite a daunting process for someone with learning difficulties or a young person, yet having safeguards in place is still necessary. Therefore, an alternative may be to arrange a meeting with the individual in question where they can be taken though the main elements of a formal contract in a way that is non-

tmp.docx Page 26 of 41

threatening and easy to understand. Notes would be taken and the individual would need to verbally agree to the requirements laid out in the meeting.

Rather than signing a formal 'contract', the individual would instead sign to say that they agree with the minutes or meeting notes, and that they will stick to what has been agreed during the meeting. This will result in the same outcome as a contract, but is a more informal and appropriate approach for an adult at risk. The agreed requirements will need to be reviewed regularly to make sure that the individual is complying, exactly as a formal contract would be.

tmp.docx Page 27 of 41

#### **SECTION 4 - USEFUL CONTACTS**

#### **Local Authority Designated Officer (LADO)**

Melanie Fields, Paul James and others 01582 548069

#### **Police**

Contact 101, or 999 in an emergency

#### **Adult Social Care**

8am—5:30pm Monday, Tuesday, Thursday, Friday & 10am-5:30pm Wednesday

01582547730 (or 01582547563) Out of hours 03003008123

Email: adultsafeguarding@luton.gov.uk

#### **Children's Social Services**

8.45am—5pm 01582 547653
Out of hours 03003008123 **Email:** mash@luton.gov.uk

#### **Local Baptist Association Safeguarding Contact**

Diane Forsyth 07735 860804

safeguarding@centralba.org.uk

#### 31.8 (formerly Churches Child Protection Advisory Service)

03030031111

# **NSPCC Helpline**

08088005000

APPENDIX 1 - DEFINITIONS OF ABUSE Understanding, Recognising and Responding to Abuse

tmp.docx Page 28 of 41

Abuse and neglect are forms of maltreatment of a child or adult at risk. Somebody may abuse or neglect a child or adult by inflicting harm, or by failing to act to prevent harm. Children and adults at risk may be abused in a family, or in an institutional or community setting; by those known to them or, more rarely, by a stranger. They may be abused by an adult or adults or a child or children. There are many different ways in which people suffer abuse. The list below is, sadly, not exhaustive.

Type of abuse	Child	Adult at risk
Physical	A form of Significant Harm which may involve any injury to a child or young person caused by a parent or family member, or another person who is responsible for their care, or in loco parentis. This may involve: hitting, shaking, throwing, poisoning, burning or scalding, drowning, suffocating, or otherwise causing physical harm to a child. Physical harm may also be caused when a parent or carer fabricates the symptoms of, or deliberately induces illness in a child.	To inflict pain, physical injury or suffering to an adult at risk.
Emotional	A form of Significant Harm, which involves the persistent, emotional ill-treatment or rejection such as to cause severe and adverse effects on the emotional and/or behavioural development of a child. It may involve conveying to the child that they are worthless or unloved, inadequate or valued only insofar as they meet the needs of another person. It may feature age or developmentally inappropriate expectations being imposed on children. Some level of emotional abuse is involved in all types of maltreatment of a child, although it may occur alone.	The use of threats, fear or power gained by another adult's position, to invalidate the person's independent wishes. Such behaviour can create very real emotional and psychological distress. All forms of abuse have an emotional component.

tmp.docx Page 29 of 41

#### Sexual

A form of Significant Harm which involves forcing or enticing a child to take part in sexual activities, not necessarily involving a high level of violence, whether or not the child is aware of what is happening. The activities may involve physical contact, including penetrative or non-penetrative acts. The activities may include non-contact activities, such as involving children in looking at, or in the production of, sexual online images, watching sexual activities, or encouraging children to behave in sexually inappropriate ways, or grooming a child in preparation for abuse (including via the internet). It does not matter whether the

child gives consent or not, it remains abuse.

Any non-consenting sexual act or behaviour.

No one should enter into a sexual relationship with someone for whom they have pastoral responsibility or hold a position of trust.

# Neglect

A form of Significant Harm which involves the persistent failure to meet a child's basic physical and/or psychological needs, e.g. A failure to meet a child's or young person's basic needs for food, warmth, protection and care, resulting in the serious impairment of the child's health or development. This may include allowing a lack of adequate supervision.

A person's wellbeing is impaired and their care needs are not met. Neglect can be deliberate or can occur as a result of not understanding what someone's needs are.

tmp.docx Page 30 of 41

Type of Abuse	Additional Definitions	
Financial	The inappropriate use, misappropriation, embezzlement or theft of money, property or possessions.	
Spiritual	The inappropriate use of religious belief or practice; coercion and control of one individual by another in a spiritual context; the abuse of trust by someone in a position of spiritual authority (e.g. minister). The person experiences spiritual abuse as a deeply emotional personal attack.	
Discriminatio n	cultural background, sexuality or disability.	
Institutional		
Domestic Abuse	Domestic abuse is any threatening behaviour, violence or abuse between persons aged 16 or above who are or have been in a relationship, or between family members. It can affect anybody regardless of their age, gender, sexuality or social status. Domestic abuse can be physical, sexual or psychological, and whatever form it takes, it is rarely a one-off incident. Usually there is a pattern of abusive, coercive and controlling behaviour where an abuser seeks to exert power over their family member or partner. The Domestic Abuse Act 2021 identifies children who see, hear or experience the effects of domestic abuse as victims in their own right.	
Online abuse	The use of information technology (email, mobile phones, websites, social media, instant messaging, chatrooms, etc.) to repeatedly harm or harass other people in a deliberate manner.	
	The Online Safety Bill, 2021, introduces new rules for internet search engines and firms who host user-generated content, i.e. those which allow users to post their own content online or interact with each other. Those platforms which fail to comply with the rules could face penalties of up to 10% of their revenue, and in the most serious cases some may even be barred from operating.	
Cuckooing	Cuckooing is the term used to describe occasions where the homes of adults at risk are taken over and used to distribute drugs or as a base for gang or criminal activities. The tenant may believe that the people who are in their home are their friends.	
Self-harm	Self-Harm is the intentional damage or injury to a person's own body. It is used as a way of coping with or expressing overwhelming emotional distress. An individual may also be neglecting themselves, which can result in harm to themselves.	
Mate crime	'Mate crime' is when people (particularly those with learning disabilities) are befriended by members of the community, who go on to exploit and take advantage of them.	
Modern Slavery	Modern slavery is the practice of treating people as property; it includes bonded labour, child labour, sex slavery and trafficking. It is illegal in every country of the world.	
Human Trafficking	Human trafficking is when people are bought and sold for financial gain and/or abuse. Men, women and children can be trafficked, both within their own countries and over international borders. The traffickers will trick, coerce, lure or force these vulnerable	

tmp.docx Page 31 of 41

individuals into sexual exploitation, forced labour, street crime, domestic servitude or even the sale of organs and human sacrifice.

tmp.docx Page 32 of 41

Radicalisation	The radicalisation of individuals is the process by which people come to support any form of extremism and, in some cases, join terrorist groups. Some individuals are more vulnerable to the risk of being groomed into terrorism than others.	
Honour / Forced Marriage	An honour marriage / forced marriage is when one or both of the spouses do not, or cannot, consent to the marriage. There may be physical, psychological, financial, sexual and emotional pressure exerted in order to make the marriage go ahead. The motivation may include the desire to control unwanted behaviour or sexuality.	
Female Genital Mutilation	Female genital mutilation (FGM) comprises all procedures involving partial or total removal of the female external genitalia or other injury to the female genital organs for non-medical reasons as defined by the World Health Organisation (WHO). FGM is a cultural practice common around the world and is largely performed on girls aged between 10 and 18. Performing acts of FGM is illegal in the UK, as is arranging for a child to travel abroad for FGM to be carried out.	
Peer-on-Peer Abuse  Peer-on-peer abuse is where sexual abuse takes place between children of a similar or stage of development.  Child on Child Abuse  Child on Child abuse is when a child abuses another child of any age or stage of development.		
		Historic Abuse

Whilst it is not possible to be prescriptive about the signs and symptoms of abuse and neglect, the following list sets out some of the indicators which might be suggestive of abuse:

- unexplained injuries on areas of the body not usually prone to such injuries
- an injury that has not been treated/received medical attention
- an injury for which the explanation seems inconsistent
- a child or adult at risk discloses behaviour that is harmful to them
- unexplained changes in behaviour or mood (e.g. becoming very quiet, withdrawn or displaying sudden bursts of temper)
- inappropriate sexual awareness in children
- signs of neglect, such as under-nourished, untreated illnesses, inadequate care.

It should be recognised that this list is not exhaustive and the presence of one or more indicators is not in itself proof that abuse is actually taking place. It is also important to remember that there might be other reasons why most of the above are occurring

tmp.docx Page 33 of 41

# **APPENDIX 2 - DETAILED GUIDANCE ON REPORTING REQUIREMENTS**

#### STAGE 1 - THE WORKER/VOLUNTEER

The duty of the person who receives information or who has a concern about the welfare of a child, young person or adult at risk is to RECOGNISE the concerns, make a RECORD in writing and RESPOND by passing on their concerns to the DPS. If he/she is not contactable, or they are implicated in the situation, another member of Ramridge Baptist Church Safeguarding Team, such as the DDPS Helen Lodge, or one of the Eldership, Barry Brown and Kirk Dumpleton should be contacted instead.

Concerns should be passed on to the DPS within 24 hours of the concern being raised. If anyone is considered to be in imminent danger of harm, a report should be made immediately to the police by calling 999. If such a report is made without reference to the DPS, they should be informed as soon as possible afterwards.

A written record using the standard incident report form should be made as soon as possible after a child or adult at risk tells you about harmful behaviour, or an incident takes place that gives cause for concern.

#### The record should:

- be written as soon as possible after the event
- be legible and state the facts accurately (when hand-written notes are typed up later the original hand-written notes should be retained)
- include the child or adult at risk's name, address, date of birth (or age if the date of birth is not known)
- include the nature of the concerns/allegation/disclosure
- include a description of any bruising or other injuries that you may have noticed
- include an exact record of what the child or adult at risk has said, using their own words where possible
- include what was said by the person to whom the concerns were reported
- include any action taken as a result of the concerns
- be signed and dated
- be kept secure and confidential and made available only to Ramridge Baptist Church Safeguarding Team, representatives of any statutory authorities involved and the local Baptist association.

If concerns arise in the context of children's or adult at risk work, the worker who has the concern may in the first instance wish to talk it through with their group leader, where appropriate. However, such conversations should not delay concerns being passed on to the DPS. It should be clear that the duty remains with the worker to record and pass on their concerns to the DPS.

If an issue concerns an adult at risk who does not give permission to pass on the information to anyone else, the worker should explain that they will need to speak with the DPS, who will have greater expertise in dealing with the issue at hand.

If a concern is brought to the attention of a group leader by one of the workers, the leader should remind the worker of their duty to record and report and will also themselves have a duty to pass on the concern to the DPS.

Copies of records can be emailed to the DPS, or a summary of the concern emailed to the DPS with handwritten copies retained for further evidence later. This is to speed up the process for the DPS to take the relevant action. Phone calls also work!

STAGE 2 - THE DESIGNATED PERSON FOR SAFEGUARDING (DPS)

tmp.docx Page 34 of 41

The duty of the DPS on receiving a report is to REVIEW the concern that they have received and ensure that they or their assigned DDPS REPORT the concern on to the appropriate people, where necessary.

#### The duty to REVIEW

In reviewing the report that is received, the DPS:

- Should take into account their level of experience and expertise in assessing risk to children or adults at risk.
- Must take into account any other reports that have been received concerning the same individual or family.
- May speak with others in Ramridge Baptist Church where appropriate (including the church Safeguarding Team, unless allegations involve them) who may have relevant information and knowledge that would impact on any decision being made. Such conversations should not lead to undue delay in taking any necessary action.
- May consult with other agencies to seek guidance and advice in knowing how to respond appropriately to the concerns that have been raised.

#### The duty to REPORT

The DPS will decide who the report should be referred on to, working in conjunction with Ramridge Baptist Church Safeguarding Team where appropriate. They may:

- Delegate REPORTING to a trusted senior Church leader, but at all times the DPS must be kept aware of the state of the case.
- Refer back to the worker/volunteer who made the initial report if there is little evidence that a child or adult at risk is being harmed, asking for appropriate continued observation.
- Refer the concern to others who work with the child or adult at risk in question, asking for continued observation where appropriate.
- Inform parents / carers under certain circumstances, where doing so would not present any further risk of harm.
- Make a formal referral to the police or local Social Services team. With adults at risk, confidentiality means that someone's personal business is not discussed with others, except with their permission. This is not always possible when considering passing relevant information about abuse or concerns to the statutory authorities, however, it is possible to keep the information confidential to the relevant parties. This means not telling or hinting to others what has been disclosed, not even for prayer ministry purposes. For adults at risk, concerns will only be referred to the police or Social Services without consent where:
  - The person lacks the mental capacity to make such a choice
  - There is a risk of harm to others
  - In order to prevent a crime
- If an allegation is made against someone who works with children\* the allegation should be reported to the Local Authority Designated Officer (LADO) or equivalent. The LADO is located within Children's Services and should be alerted to all cases in which it is alleged that a person who works with children has:
  - Behaved in a way that has harmed, or may have harmed, a child
  - Possibly committed a criminal offence against children, or related to a child
  - Behaved towards a child or children in a way that indicates s/he is unsuitable to work with children.
- If an allegation is made against someone who works with adults at risk\*, it should be reported to the police or Adult Social Services.

\*If a worker has an allegation made against them, they should step down from all church duties until the incident has been investigated by the statutory authorities. It may also be appropriate to put a Safeguarding Contract in place; this should be discussed with the local Baptist Association Safeguarding Contact.

Whenever a formal referral is made to the police, Social Services or LADO, the DPS should report the referral

tmp.docx Page 35 of 41

to:

- The Safeguarding Trustees
- The Deputy DPS
- The local Baptist Association Safeguarding Contact

A record should be kept of all safeguarding incidents and should be considered in the annual review of Ramridge Baptist Church's safeguarding policy. All original reports should be retained safely and securely by the DPS and a written record should be made of the actions taken.

#### **STAGE 3 - THE NEXT STEPS**

Responsibilities to **REPORT** and **SUPPORT** in stage 3 of the process are shared by Ramridge Baptist Church Safeguarding Team and the Minister.

#### The duty to SUPPORT

Once concerns, suspicions and disclosures of abuse have been addressed, Ramridge Baptist Church continues to have a responsibility to offer support to all those who have been affected, including:

Victims; Alleged perpetrators; Children; Adults at risk; Other family members; Church workers/volunteers; Church Safeguarding Team; Leadership Team.

#### The duty to REPORT

If a church worker/volunteer has been accused of causing harm to children, young people or adults at risk this would be classed as a serious incident that should be reported to the Charity Commission by those churches that are registered with the Charity Commission.

If a worker has been removed from their post or would have been removed from their post because of the risk of harm that they pose to children, young people or adults at risk, there is also a statutory duty to report the incident to the Disclosure and Barring Service (DBS).

tmp.docx Page 36 of 41

Name

1.

2.

3.

4.

5.

# **RAMRIDGE BAPTIST CHURCH**

# **SAFEGUARDING CHILDREN & ADULTS**

RECORDING FORM - REFERRALS TO DPS OR SOCIAL SERVICES -

VERY IMPORTANT: If you consider the concern to be of an urgent nature, action should be taken <a href="immediately">immediately</a> and this recording form completed <a href="afterwards">afterwards</a>

**Date of Concern** 

	Date of Birth/		Name of Parent	
	Age (if known)		(if applicable)	
	Your Name		Your Job Title	
C	oncern:			
D	escribe the even	t or observation (see reverse f	or body map) if th	e child/person has made a
ď	isclosure, record	what the child/person said, us	sing their own wor	ds on a piece of paper and
a	ttach to this forn	า.		
Ir	<b>nnact:</b> Is there a	ny identifiable impact on the c	hild/nerson i.e. th	neir physical or emotional
	rellbeing?	my identifiable impact on the c	illia, person, i.e. ti	ien priysical of emotional
VV	relibeling:			
				" Cofo avaiding (DDC) and
	Now take this form to the Ministry Leader, Designated Person for Safeguarding (DPS) or a			
V	Member of the Safeguarding Board.			
Ь	Discuss the concern with the DPS and agree what actions to take.			
יי	iscuss the conce	ili witii tile DF3 aliu agree wii	at actions to take	•

Today's date (If different from above):

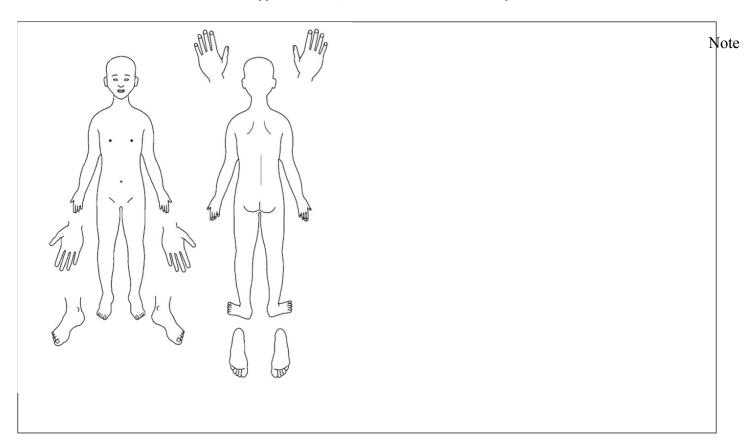
Agree when and how the actions will be reviewed:

PLEASE KEEP THIS FORM SAFE - DO NOT LEAVE IT FOR

They will keep this form on file and add a brief summary of the Concern, Impact etc

# **Body Map**

If concern is about a mark or injury, circle area of body where marks appear (body map), use Notes box below to describe the mark. In this type of event, seek advice immediately.



For Designated Person Use ONLY	reviewed, make a note of the outcomes here:
	, crieffed, make a field of the datasines field.

Ramridge Baptist Church is under the auspices of the Baptist Union of Great Britain.

Charity Regulators Number - 6511291728

Ramridge Baptist Church, Littlefield Road, Luton, LU2 9BU.

tmp.docx Page 2 of 41

# **APPENDIX 4 - Care and Prayer Groups**

#### Introduction:

Care and Prayer Groups form a central part of the vision of RBC and as such, are 'extended families', implying that they are places of safety, encouragement and nurture.

It is to be recognised that these groups could potentially offer both opportunity and risk from a safeguarding perspective. A healthy, mutually supporting 'family' culture will provide opportunity for care and for healing, where a people are safe to share personal situations and as a result are vulnerable, sensitive and in need of encouragement.

# Some principles

- Care and Prayer Groups are encouraged to reinforce a culture of mutual care and support in every aspect of their life. They are encouraged to build trust and as part of this trust, there is a to be a concern to do all that is appropriate not only to maintain the safety of the vulnerable but also to look to encourage and nurture people towards the 'life in all its fullness' that Jesus' promises. One important aspect of this trust is a duty of care for one another and as such there should be recognition that safeguarding in the Care and Prayer Group, as in the wider church, is everyone's responsibility
- Care and Prayer groups sit under the safeguarding policy of Ramridge Baptist Church. Leaders should be familiar with this policy and ideally be in possession of a copy for reference. Care and Prayer Group leaders should be invited to the regular safeguarding training sessions that the church arranges.
- The process for referral in case of a concern is outlined in the policy. Care and Prayer Group leaders should be familiar with the action that is prescribed here for such circumstances.
- Care and Prayer Groups are encouraged to be welcoming and open communities. A concern for effective safeguarding should not diminish our desire to reach out, to invite and to include. However, it is recognised that there is a particular need for vigilance when newcomers join and especially around children and other vulnerable people.

In keeping with the 'low in control, high in accountability' ethos of Care and Prayer Groups, leaders are encouraged to embrace these principles and work out the practice in their individual situations and seeking advice when necessary.

All Care and Prayer Group leaders will be asked to subscribe to these principles as part of their commissioning

A couple or immediate family members should be considered to count as only one person when planning events or activities and the distribution of workers through different groups; for example if a couple or immediate family members want to work together then a third person will need to be assigned to that group. Wherever possible couples or people who are related to each other should work with separate groups.

#### For more information:

Please see <u>www.baptist.org.uk</u> for more information about safeguarding in Baptist churches, including a range of specialist guides and a library of free downloadable resources.

#### **BUGB Excellence in safeguarding training for your church:**

Information and booking arrangements for the BUGB Levels 2 and Level 3 Excellence in Safeguarding training can be made through your local Baptist association team. Please see their website for details of nearby courses or the opportunity to host safeguarding training at your church.

#### In an emergency:

If you find yourself facing an emergency situation, where you believe that someone attending your church is being harmed or is at imminent risk of harm, please ring the police on 999 and ask to speak to an officer in the child or adult protection teams. Always keep records and let your DPS know that you have made this call.

